

U THE SAMURAI

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See the vision for your life from an entirely new perspective as you walk through each of the sacred values of a Samurai.

U THE SAMURAI is a heart-expanding journey that will lead you past the edges of your perceived capabilities and charge your soul with a deep appreciation for humankind. During this introspective two-and-a-half day class, you'll experience indoor and outdoor processes that foster a renewed appreciation for generosity, curiosity, authenticity and your own inner strength. This class defies the boundaries of any other leadership development training by instilling a sense of quiet strength grounded in heart and head alignment. U THE SAMURAI is a deeply meaningful and moving culmination of all the classes that U & Improved offers.

What's in it for U?

Walk in the footsteps of a Samurai by experiencing each of the seven virtues of Bushido:

- Integrity
- Respect
- Courage
- Honor
- Compassion
- Sincerity
- Loyalty

Graduates of U THE SAMURAI emerge with a deep sense of personal strength, an open heart and a confidence that you can make the dream for your life a reality.

Tuition includes a one-night stay at our training base in Prescott, Arizona and select meals and snacks. Our small, intimate class sizes make seating limited and highly desirable. Classes sell out quickly so register today to create the success in your life you want and get ready to soar!

This class is offered to Master Graduates only, those that have completed U the Leader, U the Communicator and U the Warrior.

Tuition: \$2,295

For more info or to enroll, visit or call:

www.uandimproved.com

480.305.5665

