

## ABOUT THE TRAINER

Jodi Low is Founder and CEO of U & Improved and an accomplished corporate trainer and inspirational speaker. Driven by her passion to continually inspire others, Jodi has trained thousands of entrepreneurs and executives on how to build booming businesses, master a mindset for success and achieve the professional and personal lives they desire through heart-based leadership.



# SETTING U UP FOR SUCCESS

## LEARN THE SECRETS FOR CREATING RESULTS-DRIVEN GOALS THAT DELIVER!

---

In this engaging 90-minute workshop, trainer Jodi Low will teach you how to create goals that deliver the results you want. Whether it's for your business or your personal life, learn the strategies and techniques that successful individuals use to obtain their desired outcomes and reach their dreams.

In this workshop, U will:

- **Harness the power of goal setting**
- **Uncover the critical components of effective goals**
- **Identify where you've been and where you want to be**
- **Discover the 5 Stepping Stones of Success**
- **Learn how to create an action plan to reach your goals!**

This workshop was created for individuals looking to enhance their personal and professional lives. Join us and get on track to your most powerful U!

---

**WHEN:** Friday, January 17, 2020 8:30 to 10:30 AM

**WHERE:** MAC6  
1430 W Broadway Rd #201, Tempe, AZ 85282

**REGISTRATION:** Tickets are \$149 and space is limited.  
Register at: [www.uandimproved.com/workshops](http://www.uandimproved.com/workshops)



## U & IMPROVED

Heart-Based Leadership Development™

[www.uandimproved.com](http://www.uandimproved.com) | 480.305.5665  
[events@uandimproved.com](mailto:events@uandimproved.com)